## Camp@Home - Activities

This activity idea was originally part of a Durham Scouts Camp@Home event. It has been adapted for broader use as part of the Scouting from Home programme



Activities at home should always be risk assessed and supervised by parents/carers, taking note of the specific safety advice provided

# **Backwoods Cooking**

Please follow our safety advice for real fires – have a bucket of water handy to damp things down if your fire spreads, and to cool any minor burns. If you are not confident, wear a pair of thick gardening gloves. Younger children should be supervised in this activity

If you have a suitable real fire, you could try your hand at some backwoods cooking (note – the word 'backwoods' means remote woods)

Beaver Scouts (aged seven and under) could try making some chocolate bananas – check out the <u>Chocolate Banana recipe from Online Scout Manager</u>. For something different from chocolate buttons what about trying white chocolate, Terry's Chocolate Orange or adding some peanut butter?

Cub Scouts (aged 8 to 10) might want to try making 'Twists' out of a simple dough mixture. Online Scout Manager also have a simple recipe for <u>Dough Twists</u>.

For Scouts, Explorer Scouts and adults, why not cook your main evening meal over the fire, using the Online Scout Manager recipe for <u>Jacket Spuds and Cowboy Hotpot</u>.

If you really get in to this, check out the 1953 Backwoods Cooking Patrol Book.

As you'd expect, backwoods cooking can meet the requirements for plenty of Activity Badges.



#### **Beavers Cook Activity Badge**

https://www.scouts.org.uk/beavers/activity-badges/cook/

This activity could meet the following requirements:

- 4. Choose three dishes to prepare and cook.
  - At least one dish should be savoury and one should be sweet.



#### **Beavers Camp Craft Activity Badge**

https://www.scouts.org.uk/beavers/activity-badges/camp-craft/

This activity could easily meet the following requirements for part of this badge:

- 4. Collect wood and help to build a fire.
- 5. Cook on a fire or barbeque.

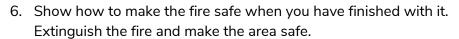


#### **Cubs Backwoods Cooking Activity Badge**

https://www.scouts.org.uk/cubs/activity-badges/backwoods-cooking/

This activity could meet the following requirements:

- 1. Show how to light a fire.
- 2. Help someone prepare a fire for cooking on.
- 4. Cook something in the embers of a fire.
- 5. Cook something on a stick.





https://www.scouts.org.uk/cubs/awards/our-outdoors/

This activity could meet the following requirements:

- 3. While you're away, do at least two of these tasks as well:
  - c) Cook a backwoods meal



### **Scouts Outdoor Challenge Award**

https://www.scouts.org.uk/scouts/awards/outdoor/

This activity could meet the following requirements:

- 4. Prepare and light an open fire or set up a suitable stove.
  - a) Use it to prepare, cook and serve a meal safely.