Camp@Home - Activities

This activity idea was originally part of a Durham Scouts Camp@Home event. It has been adapted for broader use as part of the Scouting from Home programme



Activities at home should always be risk assessed and supervised by parents/carers, taking note of the specific safety advice provided

Healthy Pizza



As Camp@Home3 was in October we thought that we'd combine some Halloween fun with some healthy eating – and a chance to earn some badges of course.

The BBC Good Food website has a super recipe for Healthy Halloween Pizzas and they only take 20 minutes to prepare and 10 minutes to cook. They also have six other ideas for healthy pizzas which you can find at Healthy Pizza Recipes.

Feel free to adapt the recipe to suit – use a prepared pizza base if it's more convenient and feel free to swap around some of the meat or veggie toppings.

The most important things are that

- It's easy
- It's healthy
- It's fun

If you choose to make a healthy pizza our beavers can count towards the following badge requirements:



Beavers Cook Activity Badge

https://www.scouts.org.uk/beavers/activity-badges/cook/

This activity could meet the following requirements:

- 4. Choose three dishes to prepare and cook.
 - At least one dish should be savoury and one should be sweet.



Beavers Health and Fitness Activity Badge

https://www.scouts.org.uk/beavers/activity-badges/health-and-fitness/

This activity could meet the following requirements:

2. Learn about a variety of healthy foods and make a snack for yourself using some of these foods.