

Camp@Home - Activities

This activity idea was originally part of a Durham Scouts Camp@Home event. It has been adapted for broader use as part of the Scouting from Home programme

Activities at home should always be risk assessed and supervised by parents/carers, taking note of the specific safety advice provided



Personal Challenge

We can all do things better and things that we find difficult. A key part in earning your Top Awards in Scouting is to complete a personal challenge.

This is usually agreed with your beaver, cub or scouts leaders, but while we're Scouting from Home, your parents can help you to choose a personal challenge for you to complete.

This could be something you can do at Camp@Home, or it might be something that you start at Camp@Home and continue.

We've listed the requirements for the different Personal Challenge Awards below, but these are just ideas – you should choose challenges which are personal to you.

This activity can count towards the following Activity Badges:



Beavers Personal Challenge Award

<https://www.scouts.org.uk/beavers/awards/personal/>

Complete two personal challenges which you and your leader (or your parent) agree on.

You should choose one of the challenges and your leader (parent) will choose the other.

The challenges should be things that you find difficult but can complete with some effort and commitment. They can be to do with any part of your life, for example home, school or Beavers.

Here are some example challenges to help you think about what you could do. You don't have to pick a challenge from this list, you should choose to do something which is personal to you:

- Look after a new Beaver for half a term
- Talk about a topic you are interested in with an adult you don't know very well
- Bring your scarf to Beavers every week for a term
- Remember to brush your teeth twice a day for two weeks
- Show good behaviour at Beavers for 3 weeks in a row
- Try something new that you are a bit nervous about
- Go to a District fun day and talk to some other Beavers you don't know
- Try all of the food on Beaver sleepover
- Remember to feed your pet every morning for a week



Cubs Personal Challenge Award

<https://www.scouts.org.uk/cubs/awards/personal/>

You need to complete two personal challenges that you agree with your leader (or parent).

You should choose one of the challenges. Your leader (or parent) will choose the other.

The challenges should be things that you find difficult but can complete with some effort and commitment. They can be to do with any part of your life, for example home, school or Cubs.

Here are some example challenges to help you think about what you could do. You don't have to pick a challenge from this list, you should choose to do something which is personal to you:

- Look after a new Cub for half a term
- Talk about a topic you are interested in with an adult you don't know very well
- Bring the right equipment to Cubs every week for a term
- Remember to brush your teeth twice a day for two weeks
- Show good behaviour at Cubs for three weeks in a row
- Try something new that you are a bit nervous about
- Go to a District fun day and talk to some other Cubs you don't know
- Try all of the food on Cub camp
- Remember to feed your pet every morning for a week
- Help to look after a sick or disabled friend or relative



Scouts Personal Challenge Award

<https://www.scouts.org.uk/scouts/awards/personal/>

Complete two personal challenges which you and your leader (or parent) agree on.

You should choose one of the challenges and your leader (parent) will choose the other.

The challenges must be different from the ones you did for your Beaver and Cub Personal Challenge Awards.

Here are some example challenges to give you some ideas, but make sure you choose to do something that is personal to you:

- Support a new Scout to complete their Membership Award
- Give up using your mobile or games console for a week
- Take part in an organised walk or run for charity
- Talk about a topic you are interested in in front of your Patrol
- Bring the right equipment to Scouts every week for a term
- Help your younger brother or sister with their school work for a term
- Learn how to communicate in basic sign language
- Do at least an hour of physical activity every day over the summer holidays
- Gain an activity permit
- Do the washing up at home for two weeks
- Plan and run a base or activity at camp
- Organise a small fundraising event for the Group or a local charity